

News & Views

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February 2012

Art Excursions Images of “Honest Abe”

In observance of President’s Day this month, we welcome back Art Historian Jeff Mishur of Art Excursions, who will present *Images of “Honest Abe”*. This slide lecture examines a variety of depictions of our 16th President. Images of Lincoln changed during the course of his political career. He continued to be a popular source for artwork and material culture after his assassination. This program examines paintings, photographs, sculptures and material culture relating to Lincoln and their historical context. The slide lecture will begin on Friday, February 10th at 2:30 p.m. in the Theater. Residents and guests are welcome. Please contact Mary Meegan at Ext. 9522 if bringing guests.

Artist’s Presentation

Our Annual Artist’s Presentation is scheduled for Friday, February 17 at 2:00 p.m. in the Great Lounge. Come and watch as Hadley Pihl, Dorothe Ernest, and Walter Monastretsky each create a masterpiece in one hour! Walter is new to the artists group. He is a classically trained, professional artist whose specialty is oil on canvas. Once the artists have completed their works, a raffle will be held. This year we will have three lucky winners. Be sure you receive a raffle ticket when you arrive. Following the demonstration, wine and cheese will be served. Stay and mingle with the artists.

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Administrative Team

Carl Baker
Executive Director

Judy Sanders
Director of Finance

Pat Van Meter
Director of Nursing

Lisa Carroll
Director of Social Services

Juanita Castro
Director of Food Services

Bonnie Kohout
Marketing Director

Emira Kondic
Director of Housekeeping

Mary Meegan
Director of Activities & Volunteers

Julie Ryan
Director of Development

Paul Stech
Director of Maintenance

Barbara Schafer
Director of Woods Godair Park, & Fitness Center

Nicole Slightom
Director of Human Resources

Bonnie Warden
Admissions Director

Natalie Zelman
Director of Landscaping & Horticulture Therapy



Happy Birthday!!

February Birthdays

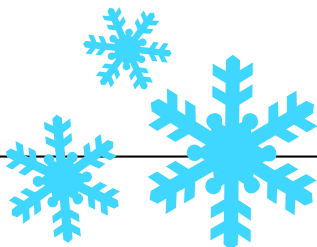


Polly Brown—17th
 Ruth Scarratt—17th
 Jean Schmitz—18th
 Lee Smithwick—21st
 Marjorie Robertson-Higbee—
 25th
 Rose West—27th



February

is the second month of the year in the Julian and Gregorian calendars. With 28 days in common years and 29 days in leap years, it is the shortest month of the year, and it is also the only month with fewer than 30 days. February gets its name from the Latin term *februum*, referring to the Romans' annual spring purification ritual *Februa*. In Finnish, February is known as *Helmikuu*, or "month of the pearl," describing the beautiful pearls of ice formed by droplets of snow melting and re-freezing on tree branches. In Polish, the month is called *Luty*, meaning the "month of ice" or "month of hard frost."



Reception for Juanita

Please join us in the Great Lounge on Wednesday, February 1 at 2:30 p.m. for cake and coffee for Juanita. As you know, Juanita is leaving K-B to take care of family matters. She has been with K-B for fourteen years and will be missed very much. Please stop by and wish her well.

February Quote

"Surely as cometh the Winter,
 I know
 there are Spring violets under
 the snow."
 ~ R. H. Newell

Jazz Pianist Marshall Vente

Join us on Sunday, February 12 at 2:00 p.m. in the Great Lounge for a piano concert featuring Marshall Vente. This is the second of three concerts by Marshall as part of a gift to Bill and Alice Voss from their daughter. Marshall will focus on love songs in honor of Valentine's Day. We hope to see you there!

Nome's Balto

When a diphtheria outbreak threatened the town of Nome, Alaska early in 1925, the nearest serum was located in Anchorage. A team of sled dogs made the 674-mile journey in sub-zero temperatures and became national heroes for saving the town of Nome on this day in 1925. Come and hear this amazing story on Thursday, February 2—Super Sled Dog Day—at 2:30 p.m. in the Kimball Room.

What Did You Do in the War Grandma?

On February 4, 1941, the United Service Organization (USO) was founded. This organization still provides support and a touch of home away from home for hundreds of thousands of overseas U.S. service people and their families. Join together and discuss what you were doing during the WWII years. Did you serve in the military? Were you Rosie the Riveter? Maybe you served donuts at the USO! Join Leslie in the Lobby at 1:00 p.m. on Feb. 4.

Hula in the Coola!

Winter weather? It doesn't bother us. Not when we can "Hula in the Coola"! Join the Activity Staff in the Great Lounge on Monday, February 6 at 2:30 p.m. for a little summer fun. Put on your lei and give the hula a try!



Craft Group "Cupid's Arrow Door Decoration"



Join us on Thursday, February 9 at 2:30 p.m. in the Ice Cream Parlor to make a cute decoration to hang on your door for the month of February. The staff will have the all the supplies you need to create this "Cupid's Arrow" decoration.

Valentine's Day Activities

February 14, 2012

Come to the Ice Cream Parlor for a sweet game of "Cupid Bingo" at 1:30 p.m..

At 3:00 p.m. we're gathering in the Great Lounge "For the Love of Chocolate". Enjoy a few laughs listening to "chocolate chuckles". Play "Name That Love Song". Of course, nibble on chocolate bits and pieces.

Angels I Have Known

Do you believe in angels? Perhaps you believe you have a guardian angel. Come and hear poems and reflections about angels. Enjoy stories about "angels" in peoples lives. Share your own angel story. Join Leslie at 1:00 p.m. in the Great Lounge on Saturday, February 11th.

February Zodiacs

Aquarius (Water Bearer)
February 1-18

Pisces (Fish)
February 19-29

Presidential Bingo

Come to the Great Lounge to play Presidential Bingo on Monday, February 20th at 2:30 p.m.. Instead of numbers on the cards, there are photographs of U.S. Presidents. We will give you three clues about each president, and you can try to guess who they are before we reveal the name. We will learn a little about each of the presidents, and play bingo at the same time!

Lunch Outing

Join us for a lunch outing to Phillies Pizza Bar & Grill in Willowbrook on Thursday, February 23. We will depart at 11:30 a.m.. Phillies is best known for their pizza, but you can also select from a variety of hot and cold sandwiches, soups, salads, fried chicken and more! Sign up at the Reception Desk by Tuesday, February 21, if you are interested in attending. Staff will split the bill among residents and staff in attendance. Please remember to bring money with you.

In Full Bloom **Streptocarpus** **cooperii**

Streptocarpus (a.k.a. Cape Primrose) is a lovely, long blooming and easy care plant. It gets its name from the long, thin twisted fruit pods which develop after flowering. “Strepto” means *twisted* and “carpus” means *fruit*. The Streptocarpus is native to Africa where it grows in woodland areas; among rocks; and on the banks of streams. Streps hail from the Cape Town area of South Africa and do look much like a primula; hence the common name “Cape Primrose”. Streps are actually related to the African violet and like the African violet; its leaves are arranged in rosettes that are covered with little hairs. Unlike the African violet, Streps have no flower stems and the flowers grow directly on the stems of the leaves. The large, pretty tubular flowers can be blue, pink, purple, red or white.

Streps prefer cool temps. (between 55°-70°) and prefer partial shade. Morning light



from an east facing window is best, as strong excessive light and heat will burn the foliage and cause the plant to wilt. Streps enjoy high humidity, making them an excellent candidate for terrarium planting. Water your Strep just enough to keep the soil lightly moist. Good drainage is important as excessive watering can cause the plant to rot; particularly in winter. Fertilize your strep once a week from March through October, using only about half the label’s recommended dosage. With good care, you should expect to enjoy your Streptocarpus for many years to come.

Submitted by Eileen Kostock

American History **Trivia Month**

Are you a history buff? Come and test your knowledge of American History Trivia on Friday, February 24 at 2:30 p.m. in the Great Lounge. Maybe you’ll ace all the questions, or maybe you’ll learn something new. What was the name of the president who created the “New Deal”?



Resident Council

The December Resident Council Meeting was called to order at 9:05 a.m. on Thursday, January 26, 2012. There were fifteen residents in attendance.

The minutes of the December meeting were approved as published in the January newsletter.

Randy Snyder, Treasurer, reported that there were no changes made to the account. The balance remains at \$1018.24.

Mary Meegan, Director of Activities reported on upcoming events for February including: Marshall Vente concert on 2/12, Art Excursions "Honest Abe" program on 2/10, and more. Mary said to watch for your calendar in your mailboxes for other program information for the month of February.

Carl Baker, Executive Director, announced that Geraldine Alvarez was celebrating her 60th birthday and is now able to live here legally. He congratulated Geraldine on her actual age of 99 years!

Carl reported that the elevator project continues to remain on schedule. The elevator is actually operational at this time but the inspectors will not come for inspection until all the details are completed (drywall, painting, etc.). We will probably have a ribbon cutting ceremony and party in March.

Carl announced that Juanita has formally resigned. She felt it wasn't fair to K-B wait three months while she took leave as she feels she will not be returning. Juanita has been at K-B for fourteen years. Carl remembered interviewing her and asking her to make meatloaf. She passed with flying colors. The kitchen was disorganized and she straightened it out. She will be missed.

Carl assured the residents that the quality of the food will not go down with Juanita's leaving. He asked that the residents please bear with us through this transition period. There may be a few glitches here and there, but things will all work out in the end. Carl said he won't allow anything else!

Resident Council Cont.

Daily kitchen responsibilities will be handled by Oscar Lacson and Linda McGee. During the kitchen transition, Jennifer Bliever-nicht, our dietitian, will be the “Go to” person for any issues you may have. Carl said he does not plan to make any drastic changes in the kitchen for the next couple of months.

Lastly, Carl told the residents he would like to have a few volunteers to take the first ride on the new elevator at the ribbon cutting ceremony. Rose West, Geraldine Alvarez, Lillian LaPalio, Paul Schneider, and Hank Messerschmidt all volunteered.

Sis Erdmann asked Carl if it was possible to get the regular ESPN channel on the television? Many of the big sports events are aired on ESPN, but not on ESPN 3 which K-B has. Carl replied that he will look into it. The service that provides our cable television bundles packages, and he will see what it would take to get the regular ESPN channel added. Sis said it would be nice to get big tennis matches and bowl games.

Bob Barnes, Godair Park liaison, said that Godair Park has been very quiet. Latest big news is that Bob Vogele is being recognized for his work and accomplishments in his field (design) by AIGA—American Industry of Graphic Arts. This award has only been bestowed on 150 people in the association’s 95 year history.

Bob also reported on two new volunteers at Godair Park who help move the coyote around the pond to scare away the geese. A gentleman and his seven year old daughter Mia help Bob move the coyote. Mia thinks it’s a “pretty cool” job. Mia is a member of a local girl scout troop and she sold cookies to Bob.

Hank Messerschmidt presented for Ty Johnson, Woods liaison, who was not present. Hank said that the population in the Woods had a few changes recently. Six new people have moved in or will be moving in soon. That is about 10% of their population. This is the biggest change over since the opening of the Woods. Five of the units turned over because their

Resident Council Cont.

owners moved into K-B house. One resident passed away, and two relocated. Otherwise it's been very quiet.

Rose welcomed new residents Marianne Andre, Mary Fletcher, and Virginia White to the house!

The drawing for the complimentary dinner was won by Lillian Monahan!

The next meeting of the Resident Council will be held on Thursday, February 23rd at 9:00 a.m. in the Theater.



Questions about something on your calendar?

Contact Mary Meegan at Ext. 9522

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